THANKS TO OUR SUPPORTERS, the Mind & Life Institute continues to rest on solid financial footing, having ended 2019 with revenues higher than expenses.

Statement Of Activities
Year End December 31, 2019

“"Our Varela Grant project team is deeply grateful for this support and believes that it is now our responsibility to pass this support to the world by conducting rigorous research that can inform ways to create a more just and kind society.”

FROM GRANTMAKING TO CONVENINGS, Mind & Life brings science and contemplative wisdom together to better understand the mind and create positive change in the world. At this critical moment in history, we’re expanding our reach beyond individual well-being to focus on societal flourishing and interconnection.

Mind & Life Grants 2019
20 grants awarded, totaling $799,449
- 11 Varela Grants, totaling $216,863
- 6 PEACE Grants, totaling $447,746
- 3 Think Tanks, totaling $44,840
- 81% first-time grantees

Mind & Life Conversations Livestream
Estimated reach: 2.86 million
- Conversations with the Dalai Lama, David Sloan Wilson, and Pumla Gobodo-Madikizela in Dharmashala, India

Mind & Life Convenings 2019
120 participants (accepted among 229 applicants) at the 16th annual Summer Research Institute at the Garrison Institute
- 27% received scholarships totaling $31,320
- Funds were available to cover nearly 2 out of 3 of admitted scholarship applications
- 37% Black, Indigenous, and People of Color
- 68% first-time participants

For more information or to request a copy of our audited financial statements, please contact vr@mindandlife.org
Thank You

MIND & LIFE IS DEEPLY GRATEFUL for the continuing generosity of the following donors who provided critical financial support between January 1, 2019 and December 31, 2019. Their investments enable us to continue bridging science and contemplative wisdom to foster insight and inspire action toward flourishing.

Vision Partners

Gifts of $100,000 or more
Anonymous (2)
Rip and Jacque Gellein
Hershey Family Foundation
Constance A. Kemmerer
The Riordan Family Foundation
The Samuel B. Hanser Memorial Trust
TASCHEN
Tides Foundation

Patrons

Gifts of $50,000 to $99,999
Kirk and Gael Benson
The Omidyar Group
Paulo Tarso Ricieri de Lima and Viviane Polacow

Change Makers

Gifts of $15,000 to $49,999
Owsley Brown III
Lydia Callaghan
Lisette Cooper
George Family Foundation
The Adam J. Weissman Foundation
Aaron Stern
Tan Teo Charitable Foundation
Adam Weiss

Advocates

Gifts of $1,000 to $14,999
Anonymous (4)
Michael Baldwin
Sarah Bowen
Marshall and Mary Carter
Raymond Chang
Shelly Dewh Chigier
Silverleaf Foundation
Community Foundation of Greater Memphis
Martin Davidson and Rachel Bagby
Melanie Dean
The Eagle and the Hawk Foundation
Elissa Epel*
Deborah Franke
Gardner Grant Foundation
Albert Grabb
The Harmon Family Foundation
Dan Hruza
Carolyn Jacobs
Andrew S. Kanter and Alina O Gainesova
Vikas and Jaishri Kapoor
Amy and Kenneth Kinder
Jack Kornfield and Trudy Goodman
The Krame Center for Mindful Living
Bob and Jennifer Kuo
Andre Leites
Erika Long
Intrepid Philanthropy Foundation
Geoffrey and Sophie Menin
Theresa Miller
Salma Moucha
Tero Nikulainen
Anne-Marie and Birju Pandya
Cenny and Fred Randall
Susi Reich
Nicholas and Michelle Seaver
The Shirley & Joseph Gleich Legacy Fund
Jonathan Verity
Susan Bauer-Wu and John Wu

Friends

Gifts up to $999
Brittany Alperin
Neelep Amin
Shama Amin
Javier Barron
Elisabeth Becker
Judith Blackstone
Annie Bloch
Hannah Blum
Peter Bonanno
Vivian Bower
Jeffrey Burde
Marnia Cameron and Michael Ormond
Vicki Capek
Samir Chebina
Heather and David Cochrane
Julie Connelly
Nancy Craigmyle
Tamas Csorgo
Sona Damljan
Lani Denson
Harpreet Dua
Tamara Duinh
Ronald Epstein
Maria Steiner Fahnri
Valerie Geissler
Michael Gordon
Shelley Gorman
Subrata Guha
Bob and Donna Halcomb
Sue Harmon
Wendy Hasenkamp
Catherine Hill
Robert and Sandra Hodge
Chris Holinger
Sherry Hollman
Hiroshi Johnson
Gurmeet Kanwal
Ellen Kellner
Ian Kerr
Sheila Kinkade
Lori LaRiviere
Theresa Laurier
Deborah Ling
Henk Lodewijk
Suzy Lohegan
Michael Macklin
Richard Maddock
John Makransky
Ruth Maus
Maarten Mulder
Geetha Nadul Namasivayam
Deidra Nguyen
Lisbeth Nielsen
Caroline Oakes
Thomas and Susan Odiere
Richard Ohrbach
Kelli Olson
Christine Paradis
Bobbi Patterson
Jan Pepper
Robert Roser*
Vivi Rogers
Anne Rosen
Paola Rosati
Sharon Saltberg
Bedihineh Sangha
Steve Schwartz

*B:Gift In Kind

Every effort has been made to list all Mind & Life donors accurately. For inquiries and corrections, or to learn more about giving, please contact advancement@mindandlife.org
“The Summer Research Institute was my first introduction to Mind & Life and I thoroughly enjoyed the program overall. In my work I have to attend many conferences across the country and as a member of the global majority I normally feel isolated. This was my first conference where I felt a sense of community and genuineness from not only the participants but the staff as well.”