# 2021 Summer Research Institute

**Welcome Address & Networking**

Susan Bauer-Wu  
Krista Weih, SRI Planning Committee,  
& Contemplative Faculty

**Welcome Address & Networking**  
10:00-11:45 am EDT

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**Contemplative Practice**  
Willa Blythe Baker & Kaira Jewel Lingo  
10:00-10:30 am Eastern Daylight Time (U.S.)

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**Contemplative Practice**  
Willa Blythe Baker & Kaira Jewel Lingo  
10:45-11:45 am Eastern Daylight Time (U.S.)

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**Plenary**  
Christiana Figueres

**Plenary**  
Carolyn Finney

**Plenary**  
Roshi Joan Halifax

**Plenary**  
Bruce Barrett

**Plenary**  
Elissa Epel

**Plenary**  
Kyle Whyte  
Time for Self Restoration  
(no programming)

**Plenary**  
Vandana Shiva

**Plenary**  
Dekila Chungyalpa

**Plenary**  
Matthieu Ricard

**Plenary**  
Elke Weber  
2:00-2:50 pm EDT

**Plenary**  
Bobbi Patterson  
3:00-3:50 pm EDT

**Storysharing Intro**  
Bobbi Patterson  
4:00-4:15 pm EDT

**Storysharing Pods**  
4:30-5:15 pm EDT

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4:30-5:15 pm EDT

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4:30-5:15 pm EDT

**Mindful Movement**  
Kelley Nicole Palmer or Qigong Peter Wayne  
5:30-6:15 pm EDT

**Film & Panel**  
Thupten Jinpa,  
Bonnie Waltch,  
Don Perovich  
7:00-8:15 pm EDT

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**Closing + Mind & Life Service Award + Dance Party**  
11:45 am-1:00 pm EDT

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**Day One**  
June 6

**Day Two**  
June 7

**Day Three**  
June 8

**Day Four**  
June 9

**Day Five**  
June 10

**Day Six**  
June 11

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**Mindful Movement**  
Kelley Nicole Palmer or Qigong Peter Wayne  
5:30-6:15 pm EDT

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**Storysharing Pods**  
4:30-5:15 pm EDT

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4:30-5:15 pm EDT

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4:30-5:15 pm EDT

**Poster Sessions**  
4:30-5:15 pm EDT

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**Mindful Movement**  
Kelley Nicole Palmer or Qigong Peter Wayne  
5:30-6:15 pm EDT
# 2021 Summer Research Institute

## Schedule & Titles

Schedule and titles subject to change.

### Sunday, June 6, 2021

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00-11:45 am</td>
<td>Welcome Address &amp; Networking • Susan Bauer-Wu, Krista Weih, the SRI Planning Committee, &amp; the SRI Contemplative Faculty</td>
</tr>
<tr>
<td>12:00-12:50 pm</td>
<td>A Conversation with Christiana Figueres: The Case for Stubborn Optimism • Christiana Figueres, host Susan Bauer-Wu</td>
</tr>
<tr>
<td>2:00-2:50 pm</td>
<td>How to Give the Future a Chance: Mind, Earth, &amp; Climate Change • Dr. Elke Weber, host Bobbi Patterson</td>
</tr>
<tr>
<td>3:00-3:50 pm</td>
<td>Placing Ourselves with/in the Planet: Storysharing as Presence, Just Action, &amp; Healing • Bobbi Patterson, host Elissa Epel</td>
</tr>
<tr>
<td>4:00-4:15 pm</td>
<td>Storysharing Pod Introductions • Bobbi Patterson</td>
</tr>
<tr>
<td>4:30-5:15 pm</td>
<td>Storysharing Pods</td>
</tr>
<tr>
<td>5:30-6:15 pm</td>
<td>Mindful Movement with Kelley Nicole Palmer or Qigong: Nurturing an Ecology of Body and Mind with Peter Wayne</td>
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</table>

### Monday, June 7, 2021

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>10:00-10:30 am</td>
<td>Contemplative Practice • Willa Blythe Baker</td>
</tr>
<tr>
<td>10:45-10:55 am</td>
<td>Daily Announcements &amp; Overview</td>
</tr>
<tr>
<td>10:55-11:45 am</td>
<td>The Timing of Climate Change • Kyle Whyte, host Bobbi Patterson</td>
</tr>
<tr>
<td>12:00-12:50 pm</td>
<td>Playing the Long Game: Seeing the World, Being Ourselves, &amp; Bringing the Possible • Carolyn Finney, host Bobbi Patterson</td>
</tr>
<tr>
<td>2:00-4:15 pm</td>
<td>Contemplative Retreat: Sitting with Grief &amp; Love • Willa Blythe Baker &amp; Kaira Jewel Lingo</td>
</tr>
<tr>
<td>4:30-5:15 pm</td>
<td>Storysharing Pods</td>
</tr>
<tr>
<td>5:30-6:15 pm</td>
<td>Mindful Movement with Kelley Nicole Palmer or Qigong: Nurturing an Ecology of Body and Mind with Peter Wayne</td>
</tr>
<tr>
<td>7:00-8:15 pm</td>
<td>Storytelling, Science, and Hope: Climate Feedback Loops Film &amp; Panel • Jinpa Langri, Don Perovich, Bonnie Waltch, Nischal Neupane</td>
</tr>
</tbody>
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### Tuesday, June 8, 2021

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<tr>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>10:00-10:30 am</td>
<td>Contemplative Practice • Kaira Jewel Lingo</td>
</tr>
<tr>
<td>10:45-11:45 am</td>
<td>Time for Self Restoration (no programming)</td>
</tr>
<tr>
<td>12:00-12:05 pm</td>
<td>Daily Announcements &amp; Overview</td>
</tr>
<tr>
<td>12:05-12:50 pm</td>
<td>Integrity and Moral Suffering in Relation to the Climate Catastrophe &amp; Health • Roshi Joan Halifax, host Elissa Epel</td>
</tr>
<tr>
<td>2:00-3:15 pm</td>
<td>Science Forum: The Science of Social Change for Sustainability • Christine Wamsler, Ed Maibach, Karen O’ Brien, host Elissa Epel</td>
</tr>
<tr>
<td>3:30-4:15 pm</td>
<td>Breakouts (select one to attend) • Fred Bahnson, Felipe Jain, Karen O’Brien, Evan Thompson</td>
</tr>
<tr>
<td>4:30-5:15 pm</td>
<td>Poster Sessions</td>
</tr>
<tr>
<td>5:30-6:15 pm</td>
<td>Mindful Movement with Kelley Nicole Palmer or Qigong: Nurturing an Ecology of Body and Mind with Peter Wayne</td>
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### Wednesday, June 9, 2021

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<td>10:00-10:30 am</td>
<td>Contemplative Practice • Willa Blythe Baker</td>
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<tr>
<td>10:45-10:55 am</td>
<td>Daily Announcements &amp; Overview</td>
</tr>
<tr>
<td>10:55-11:45 am</td>
<td>Earth Democracy: Connecting the Rights of Mother Earth and the Well Being of All • Vandana Shiva, host Dekila Chungyalpa</td>
</tr>
<tr>
<td>12:00-12:50 pm</td>
<td>Mindfulness, Co-benefits, &amp; Behavioral Eco-Wellness • Bruce Barrett, host Dekila Chungyalpa</td>
</tr>
<tr>
<td>2:00-4:15 pm</td>
<td>Contemplative Retreat: Sitting with Joy &amp; Resilience • Willa Blythe Baker &amp; Kaira Jewel Lingo</td>
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<tr>
<td>4:30-5:15 pm</td>
<td>Storysharing Pods</td>
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<td>5:30-6:15 pm</td>
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### Thursday, June 10, 2021

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<tbody>
<tr>
<td>10:00-10:30 am</td>
<td>Contemplative Practice • Kaira Jewel Lingo</td>
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<tr>
<td>10:45-10:55 am</td>
<td>Daily Announcements &amp; Overview</td>
</tr>
<tr>
<td>10:55-11:45 am</td>
<td>Don’t Look Down: How to Build Bridges with Unlikely Allies • Dekila Chungyalpa, host Bruce Barrett</td>
</tr>
<tr>
<td>12:00-12:50 pm</td>
<td>The Critical Role of Behavioral Science in Climate Change • Elissa Epel, host Bruce Barrett</td>
</tr>
<tr>
<td>2:00-3:15 pm</td>
<td>Love, Spirit, &amp; Community: How to Build Intersectional Climate Youth Movements • Adenike Oladosu, Lyla June, Dekila Chungyalpa</td>
</tr>
<tr>
<td>3:30-4:15 pm</td>
<td>Breakouts (select one to attend) • Lyla June, Adenike Oladosu, Jonathan Rose, Christine Wamsler</td>
</tr>
<tr>
<td>4:30-5:15 pm</td>
<td>Storysharing Pods</td>
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<tr>
<td>5:30-6:15 pm</td>
<td>Mindful Movement with Kelley Nicole Palmer or Qigong: Nurturing an Ecology of Body and Mind with Peter Wayne</td>
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### Friday, June 11, 2021

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<td>10:00-10:30 am</td>
<td>Contemplative Practice • Willa Blythe Baker &amp; Kaira Jewel Lingo</td>
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<tr>
<td>10:45-10:55 am</td>
<td>Daily Announcements &amp; Overview</td>
</tr>
<tr>
<td>10:55-11:45 am</td>
<td>Altruism and Wonderment: Towards a Sustainable Harmony • Matthieu Ricard, host Elissa Epel</td>
</tr>
<tr>
<td>11:45-1:00 pm</td>
<td>Closing + Mind &amp; Life Service Award + Dance Party</td>
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